

KRRA Anniversary Run 10km

The Landings Golf Course, Kingston

10/31/15 - 10/31/15

Results by www.runningbydesign.com**Event # 2 MIXED 10km Dash**

| | Name | Age | Bib | Team | Avg per K | Avg per MI | Time |
|-----------------------|----------------------|------|-----|----------------|-----------|------------|------------|
| FEMALE 20 - 29 | | | | | | | |
| 1 | Myriam Baily | F 21 | 262 | KINGSTON | | | 49:26.47 |
| 2 | Stephanie Milner | F 23 | 245 | KINGSTON | | | 53:52.18 |
| 3 | Cassidy Pilutti | F 28 | 271 | LANSDOWNE | | | 55:19.15 |
| 4 | Tanya Redden | F 23 | 202 | STIRLING | | | 56:20.62 |
| FEMALE 30 - 39 | | | | | | | |
| 1 | Fiona Dunbar | F 36 | 277 | KINGSTON | | | 49:42.24 |
| 2 | Lesley Rudy | F 34 | 243 | KINGSTON | | | 50:34.03 |
| 3 | Maryanne Parkinson | F 30 | 213 | KINGSTON | | | 51:55.69 |
| 4 | Steacy O'Connor | F 37 | 219 | KINGSTON | | | 52:02.53 |
| 5 | Nathalie Melzer | F 31 | 228 | KINGSTON | | | 57:51.47 |
| 6 | Samantha Young | F 31 | 231 | TORONTO | | | 1:04:54.38 |
| 7 | Allison Chisholm | F 30 | 283 | KINGSTON | | | 1:05:16.47 |
| 8 | Claire Kilgallon | F 34 | 274 | WOLFE ISLAND | | | 1:07:43.69 |
| 9 | Kate Rowbotham | F 39 | 280 | KINGSTON | | | 1:10:00.00 |
| 10 | Melanie McCormack | F 36 | 237 | KINGSTON | | | 1:10:00.00 |
| 11 | Deanna Hanes | F 39 | 207 | KINGSTON | | | 1:21:53.00 |
| FEMALE 40 - 49 | | | | | | | |
| 1 | Stacey Berdan | F 47 | 206 | TWEED | | | 50:43.62 |
| 2 | Katrin Milner | F 49 | 246 | KINGSTON | | | 53:52.62 |
| 3 | Kate Archibald-Cross | F 41 | 210 | KINGSTON | | | 57:15.38 |
| 4 | Donna Gillespie | F 41 | 225 | KINGSTON | | | 1:01:11.78 |
| 5 | Melanie Strickland | F 48 | 209 | KINGSTON | | | 1:22:24.00 |
| FEMALE 50 - 59 | | | | | | | |
| 1 | Diane Kent | F 53 | 247 | FRANKFORD | | | 48:37.56 |
| 2 | Janet Foran-Goneau | F 59 | 236 | BELLEVILLE | | | 52:18.00 |
| 3 | Julie Carriere | F 53 | 234 | KINGSTON | | | 1:04:27.88 |
| 4 | Lorraine Chick | F 53 | 259 | KINGSTON | | | 1:07:05.25 |
| 5 | Linda Murray | F 50 | 220 | KINGSTON | | | 1:07:09.12 |
| 6 | Catherine Bogle | F 50 | 214 | KINGSTON | | | 1:08:32.88 |
| FEMALE 60 - 69 | | | | | | | |
| 1 | Shirley Myers | F 62 | 221 | KINGSTON | | | 50:16.03 |
| 2 | Deborah Holton | F 64 | 215 | HOWE ISLAND | | | 50:29.12 |
| 3 | Eithne Dunbar | F 66 | 229 | BROCKVILLE | | | 1:02:42.78 |
| 4 | Sue Frith | F 68 | 264 | MALLORYTOWN | | | 1:07:33.41 |
| MALE 1 - 19 | | | | | | | |
| 1 | Avery Ling | M 17 | 238 | BELLEVILLE | | | 39:50.78 |
| MALE 20 - 29 | | | | | | | |
| 1 | Jeremy Billard | M 20 | 261 | KINGSTON | | | 36:32.15 |
| 2 | Mike Mackett | M 23 | 217 | ST. CATHARINES | | | 40:51.72 |
| 3 | Alexandre Voinot | M 28 | 242 | KINGSTON | | | 42:23.38 |
| 4 | Ryan Albano | M 26 | 255 | BRAMPTON | | | 42:31.75 |
| MALE 30 - 39 | | | | | | | |
| 1 | Nick Cosman | M 33 | 256 | KINGSTON | | | 36:12.22 |
| 2 | Kevin Beatty | M 38 | 222 | FRANKFORD | | | 36:37.69 |

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|---------------------|--------------------|------------|------------|-------------|------------------|-------------------|-------------|
| 3 | Scott Wilkes | M 36 | 260 | KINGSTON | | | 38:00.81 |
| 4 | Raphael Lavoie | M 34 | 241 | KINGSTON | | | 46:13.28 |
| 5 | Luis Paico-Avilez | M 31 | 268 | KINGSTON | | | 47:12.09 |
| 6 | Lars Hagberg | M 37 | 254 | KINGSTON | | | 48:34.72 |
| 7 | Steve Kinney | M 38 | 267 | PICTON | | | 50:37.00 |
| 8 | Darius Gorganzadeh | M 35 | 208 | KINGSTON | | | 54:21.50 |
| 9 | Peter Gagolewicz | M 37 | 227 | KINGSTON | | | 57:51.96 |
| MALE 40 - 49 | | | | | | | |
| 1 | Savvas Frantzeskos | M 41 | 252 | KINGSTON | | | 37:39.34 |
| 2 | Kevin Webster | M 47 | 232 | KINGSTON | | | 38:26.78 |
| 3 | Robby Breadner | M 48 | 251 | KINGSTON | | | 41:31.47 |
| 4 | Christopher Hannah | M 46 | 281 | YELLOWKNIFE | | | 44:52.59 |
| 5 | Dave Robertson | M 46 | 244 | KINGSTON | | | 46:38.50 |
| 6 | brett goodwin | M 43 | 203 | KINGSTON | | | 46:57.90 |
| 7 | Bernie Hasselman | M 46 | 216 | KINGSTON | | | 51:30.03 |
| 8 | Victor Clementino | M 47 | 230 | KINGSTON | | | 53:33.47 |
| 9 | Jay MacWilliam | M 44 | 212 | KINGSTON | | | 1:08:33.18 |
| MALE 50 - 59 | | | | | | | |
| 1 | Wayne Rice | M 52 | 235 | SYDENHAM | | | 40:45.53 |
| 2 | Will Kymlicka | M 52 | 240 | KINGSTON | | | 43:13.66 |
| 3 | Rick Royce | M 56 | 248 | KINGSTON | | | 43:36.03 |
| 4 | Paul Cehan | M 50 | 257 | KINGSTON | | | 45:30.06 |
| 5 | Richard Prinson | M 50 | 223 | KINGSTON | | | 46:56.84 |
| 6 | Tucker Carrington | M 57 | 205 | KINGSTON | | | 49:05.91 |
| 7 | Garry Carl | M 59 | 226 | BELLEVILLE | | | 52:25.00 |
| MALE 60 - 69 | | | | | | | |
| 1 | Rick Swift | M 67 | 250 | BROCKVILLE | | | 44:41.50 |
| 2 | Ed Brand | M 66 | 201 | KINGSTON | | | 48:06.44 |
| 3 | Geoffrey Roulet | M 67 | 224 | KINGSTON | | | 52:35.31 |
| 4 | Richard Sunderland | M 69 | 282 | KINGSTON | | | 53:11.81 |
| 5 | Ted Freeman | M 64 | 269 | KINGSTON | | | 53:48.25 |
| 6 | Paul Thompson | M 65 | 211 | KINGSTON | | | 59:07.84 |
| MALE 70 - 99 | | | | | | | |
| 1 | Tony Dunbar | M 70 | 270 | BROCKVILLE | | | 49:41.91 |